

#nailedit!

The Best Gifts of 2017

You know what they say: it's better to give than to receive. But if you're stumped about what to get the fit-aholic friends on your holiday shopping list, don't stress, because I'm here to help you score the perfect gift for the athletic woman. Whether she's a yogi, cardio queen, studio hopper, or weight room junkie, I've rounded up the gifts and gadgets she's going to love for the new year.

1

1. OV Apparel Kits

I love these apparel kits tailored for three different types of sweat sessions. Mix and match to build the perfect kit! **\$100-\$135 per kit; outdoorvoices.com**

2

2. YETI Roadie Cooler

Ready to roll with you wherever you go, this cooler will keep your prepped meals and shakes colder, longer. **\$200; scheels.com**

3

3. Herschel Cotton Canvas Tote

A trendy camo tote for carting gear from the car, to the gym, or to the studio. **\$50; herschel.com**

PLUS:

I'm loving this 36-oz water bottle from YETI too! **\$50; scheels.com**

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